

What Bugs Parents

1. Circle the item that you think has placed the most stress on your parents within the past year:

- a. moving
- b. money
- c. death in the family
- d. divorce
- e. major illness
- f. depression
- g. me
- h. other

Explain your answer.

What did you do to help during the stressful time?

2. Parents worry their teenager will (select five):

- a. take drugs

- b. get in a fight
- c. get expelled from school
- d. have to get married
- e. fail a class
- f. skip school
- g. get married too early
- h. not get married
- i. drink alcohol
- j. smoke cigarettes or marijuana
- k. have an abortion
- l. never get a job
- m. join a gang
- n. not go to college
- o. move out or run away
- p. wreck the car
- q. not be popular
- r. turn into a religious or cultist fanatic
- s. other (explain)

Me in My Family

● My family's greatest strength is ...

● My parents dream I will ...

● The best way to improve communication between parents and teenagers is ...

● The most important lesson I learned from my parents is ...

● My family most enjoys ...

● My family needs to do more of ...

● If my parents told me to "grow up" they would mean ...

● I can help my parents by ...

● My parents are usually right about ...

● My parents are usually wrong about ...

● I wish my parents would ...

● On a scale of one to 10 (one is poor, 10 is excellent), my family is ...