

FaMiLY HONoR

Distribute **Bibles** and ask a volunteer to read aloud Ephesians 5:21. Ask:

- What do you think it means “to submit” to one another in your family?
- What are some healthy ways to submit? What are some unhealthy ways to submit?
- In what ways is this verse or its concept used to justify domestic violence?
- How might mutual submission in a family help prevent or eliminate violence?

Then ask another volunteer to read aloud Ephesians 6:1-4. Ask:

- Imagine that we are all parents of teenage children. Someone visits our group to ask us about parenting. How would you answer these questions:
 - What’s the toughest part of parenting a teenager?
 - When do you feel angry at your teenager? How do you handle anger?
 - What do you do to keep your family violence-free?
 - What makes your teenager angry? Why?
 - What do you think is the best way to give your children “Christian discipline and instruction”?